



CONTESTANT NAME (Please print) \_\_\_\_\_

## AMATEUR CONTESTANT'S MEDICAL EXAMINATION - PART 1

**TO BE COMPLETED BY A LICENSED MEDICAL DOCTOR ONLY**  
Forms completed by a physician assistant or a nurse practitioner will NOT be accepted

Medical Allergies \_\_\_\_\_  
Are you taking any medication? \_\_ YES \_\_ NO; EXPLAIN \_\_\_\_\_  
Previous Hospitalization(s) or surgery (Give dates) \_\_\_\_\_

Results of the following blood tests must be attached to this application:

- Hepatitis B surface ANTIGEN
- Hepatitis C ANTIBODY
- HIV ANTIBODY

**ALL MEDICAL AND LAB TEST RESULTS MUST BE DATED, SIGNED AND TAKEN NO MORE THAN 6 MONTHS BEFORE THE REGISTRATION IS SUBMITTED.**

Answer All Questions Below:

(A) BLEEDING TENDENCIES	YES NO	(L) SEIZURES AND CONVULSIONS	YES NO
(B) DIABETES	YES NO	(M) ASTHMA	YES NO
(C) HERNIA	YES NO	(N) HIGH BLOOD PRESSURE	YES NO
(D) HEART DISEASE	YES NO	(O) TUBERCULOSIS	YES NO
(E) SICKLE CELL DISEASE	YES NO	(P) MONONUCLEOSIS	YES NO
(F) KIDNEY DISEASE	YES NO	(Q) RHEUMATIC FEVER	YES NO
(G) HEPATITIS	YES NO	(R) COUGH	YES NO
(H) SKIN DISEASE	YES NO	(S) PSYCHIATRIC PROBLEMS	YES NO
(I) HEADACHES	YES NO	(T) CONTACT LENSES	YES NO
(J) JOINT INJURY OR DISLOCATION	YES NO	(U) NUMBER OF TIMES KO'D	_____
(K) CONCUSSION/UNCONSCIOUSNESS	YES NO	(V) KIDNEY, LUNG, TESTICLE, EYE REMOVED	YES NO

(circle all requiring a YES response)

Do you have any other information concerning your health, past or present, which is NOT COVERED by the questions above? \_\_\_\_\_

A PERSON AGE 36 OR OLDER MUST ALSO SUBMIT A FAVORABLE:

- EEG (Electroencephalography) AND
- EKG (Electrocardiogram)

EXAMINING MD or DO NAME (Please print) \_\_\_\_\_

MEDICAL LICENSE # \_\_\_\_\_  
(Must be licensed in a State, District or Territory of the United States)

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

MD or DO SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT NAME (Please Print) \_\_\_\_\_

**AMATEUR CONTESTANT'S MEDICAL EXAMINATION - PART 2**

**EARS**

AUDITORY CANALS

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

DRUMS

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

AUDITORY ACUITY FOR CONVERSATIONAL VOICE

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

**NOSE** (note deformity, old fractures, deviated septum, other)  
\_\_\_\_\_

**OROPHARYNX**

TONSILS \_\_\_\_\_ GUM \_\_\_\_\_ TEETH \_\_\_\_\_

TONGUE (record any deviation or tremors) \_\_\_\_\_

NECK (note masses, pulse, thyroid, carotid, bruits, and limitation of motion)  
\_\_\_\_\_

**THORAX**

LUNGS \_\_\_\_\_

HEART (size, murmurs, arrhythmia) \_\_\_\_\_

HEART RATE \_\_\_\_\_ BLOOD PRESSURE (S) \_\_\_\_\_ (D) \_\_\_\_\_

PULSE RATE \_\_\_\_\_ IMMEDIATELY AFTER 20 HOPS \_\_\_\_\_

2 MINUTES AFTER EXERCISE \_\_\_\_\_

**ABDOMEN**

NOTE SCARS \_\_\_\_\_

LIVER, KIDNEY, SPLEEN (enlarged, tender) \_\_\_\_\_

INGUINAL AREA (tenderness, hernia) \_\_\_\_\_

**SKIN** (note staph infection, cyanosis, hair distribution)  
\_\_\_\_\_

**LYMPHATIC SYSTEM** \_\_\_\_\_

**MUSCULOSKELETAL SPINAL SYSTEM** (curvature, posture, tenderness, limitation of motion)  
\_\_\_\_\_

**EXTREMITIES** (deformity, tenderness, joint mobility) \_\_\_\_\_

**NEUROLOGICAL**

GAIT \_\_\_\_\_ RHOMBERG \_\_\_\_\_

FINGER TO NOSE \_\_\_\_\_ KNEE JERKS \_\_\_\_\_

BICEP JERKS \_\_\_\_\_ BABINSKI \_\_\_\_\_

BRUDZINSKI \_\_\_\_\_ CRANIAL NERVES \_\_\_\_\_

OTHER NEUROLOGICAL ABNORMALITY \_\_\_\_\_

I hereby certify that I have examined \_\_\_\_\_  
(Please print contestant's name)

Date of the exam: \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
Month Day Year

I HAVE APPROVED THIS PERSON TO PARTICIPATE IN A COMBATIVE SPORTS EVENT.

MD or DO SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT NAME (Please Print) \_\_\_\_\_

**\*\* OPHTHALMOLOGIC MEDICAL EXAM \*\***

**Exam with dilation must be done by an OPHTHALMOLOGIST or OPTOMETRIST**

<b>EXAMINATION (normal – N; abnormal - X)</b>	<b>RIGHT EYE</b>	<b>LEFT EYE</b>
<b>VISUAL ACUITY (WITHOUT CORRECTION)</b>	N _____ F _____	N _____ F _____
<b>EXTERIOR EXAM</b>	_____	_____
<b>ANTERIOR EXAM</b>	_____	_____
<b>FUNDI</b>	_____	_____
<b>EXTRAOCULAR MUSCLES</b>	_____	_____
<b>VISUAL FIELDS (Confrontation)</b>	_____	_____
<b>TONOMETRY</b>	_____	_____

**EXPLAIN ABNORMAL FINDINGS** \_\_\_\_\_  
\_\_\_\_\_

**DIAGNOSIS** \_\_\_\_\_  
\_\_\_\_\_

I hereby certify that I have examined \_\_\_\_\_  
(Please print contestant's name)

Date of the exam: \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
Month Day Year

**I HAVE APPROVED THIS PERSON TO PARTICIPATE IN A COMBATIVE SPORTS EVENT.**

Ophthalmologist or Optometrist NAME \_\_\_\_\_  
(Please print)

LICENSE # \_\_\_\_\_  
(Must be licensed in a State, District or Territory of the United States)

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

OPHTHAMOLOGIST or  
OPTOMETRIST SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_